

University of Pretoria Yearbook 2016

Teaching and learning in sport 120 (YCS 120)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
Programmes	HCert (Sports Science) Option: Sports Coaching BA Extended Programme BA Humanities BA Languages Languages BA Law BA Option: Sport and Leisure in Society BA Option: Sport and Recreation Management BA Option: Sports Coaching Science BA Option: Sports Psychology
Service modules	Faculty of Health Sciences
Prerequisites	YCS 110
Contact time	3 lectures per week
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Semester 2

Module content

This module builds on the fundamental principles of sports coaching. It focuses on the processes and techniques of learning and teaching of skills within a sports paradigm. Methodological techniques as implemented by the coach in teaching and learning of sports skills are identified, discussed and applied. In this module the student gets the opportunity to obtain a Level 0/1 Sports Coaching certificate in a sport of choice.

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